



Catering To Your Every Whim!

# Gluten Free Menu

Serving persons with gluten intolerance.  
Our Corporate & Social Events Menu lists other Gluten Free items.

## Garden Salad Selections: (Choice of 1)

- Garden Tossed with Tomato & Cucumber (GF|VG)
- Spring Mix with Tomato & Cucumber (GF|VG)

*Choice of 2: Italian, Ranch, French, Thousand Island, Raspberry or Balsamic Vinaigrette, Caesar or Fat Free Italian (ALL GF|VG)*

*Add Any Salad Topper: 35¢ per person per topping*

*Crumbled Bacon (Not VG), Mandarin Orange, Kiwi, Dried Cranberries, Pecans, Almonds or Pineapple. Strawberries or Blueberries (Subject to Market Price) (ALL GF|VG)*

## Hot Side Dish Selections: (Choice of 2)

- Red Skin Garlic Mashed Potatoes (GF|VG)
- Homestyle Mashed Potatoes (GF|VG)
- Baby Russet Potatoes with Garlic & Rosemary (GF|VG)
- Idaho Baked Potato with Butter & Sour Cream (add 90¢) (GF|VG)
- Normandy Blend (GF|VG) (Broccoli, Cauliflower, Carrots, Yellow Squash & Zucchini)
- Caribbean Blend (GF|VG) (Broccoli, Yellow Carrots, Green Beans & Red Pepper)
  - Fresh Glazed Baby Carrots (GF|VG)
- Fresh Beans (GF|VG): *Almondine, or Seasoned*
  - Fresh Broccoli Florets (GF|VG)
- Fresh Vegetable Stir Fry (add 95¢) (GF|VG)
  - Fresh Asparagus (add \$1.50) (GF|VG)

## Entree Selections:

- London Broil with Garlic Butter (GF) \$ 15.95
- Beef Brochette with Soy-Pineapple Glaze (GF) \$ 15.25
- Chicken Brochette with Soy-Pineapple Glaze (GF) \$ 14.75
- 8 oz. Grilled Boneless Breast of Chicken Pesto (GF) \$ 13.75
- 6 oz. Grilled Boneless Breast of Chicken Pesto (GF) \$ 10.25  
Grilled topped with Pesto, Provolone & Roasted Red Pepper
- 8 oz. Grilled Boneless Breast of Chicken (GF) \$ 11.50
- 6 oz. Grilled Boneless Breast of Chicken (GF) \$ 9.50
- Roasted Half Chicken (Breast/Wing/Thigh/Leg). *Seasoning: Rotisserie, Italian Herb or Grecian (GF)* \$ 11.95
  - 8 oz. Seasoned Grilled Boneless Pork Chop (GF) \$ 11.25
  - 6 oz. Seasoned Grilled Boneless Pork Chop (GF) \$ 9.25
  - 8 oz. Grilled Salmon Filet with Lemon Wedges (GF) \$ 13.25
- Vegetarian Filet - Grilled Portabella Mushroom Topped with Red Onion, Zucchini, Yellow Squash, Red & Green Pepper (GF|VG) \$ 10.25

*Minimum is 15 people. If under 15 people, please add \$2.50 per person.*

Menus Include 9" Standard Place Settings (9" Plate, Fork, Knife & Paper Napkin)

All prices are per person based.

10" Plastic Plates: Black, White or Clear - \$1.30

Earth Friendly Plates  
10" Compostable are 70¢ or 11" Bambu - \$1.75

We can accommodate **Dietary Needs** Meals

(GF) Gluten Free | (VG) Vegetarian (No Meat)

Some items can be altered to fit your dietary need.

CEC has made every effort to ensure that the allergen information provided is accurate. However, because of the variety of procedures used in our kitchen and our reliance on our suppliers, we can make no guarantees of its accuracy and disclaim liability for the use of this information. All common allergens are present and processed in our facility. Consumers with serious food allergies are

All menus & pricing are subject to: change without notice, delivery, delivery minimums, applicable sales tax, caterer usage fees & service charges.  
Menu Items are subject to change without notice depending upon market availability.